



## WARRIORS CARRY SHIELDS!!!

Point Blank Phalanx and CQB shields are designed to deploy in an operation with great mobility, flexibility and accuracy without risk of malfunctions to the weapon system. With proper training by the Point Blank Training instructors, operators will learn to adjust and deploy the shield in any environment and defeat threats without hesitation and with conviction. Never again as a Phalanx and CQB shield operator are you limited in your fighting abilities.

### Techniques with handgun

#### 1) Come to Rest

- Hold the shield in an upside down position
- If the shield is grounded (belly side down with head facing down range), kick the shield up or grab it with your weak hand – always control your muzzle!

#### 2) Combat Ready Wrap Around

- Comfortable shooting stance
- Shield up and place the inner part of the elbow into your strong side cutout
- Weapon should be slightly canted to your strong side

#### 3) Combat Ready Strong

- Shield up
- Weapon without light
  - placement
    - front of the trigger guard pressed into the strong cutout, or
    - bottom of the trigger guard on top of the strong cutout
- Weapon with a light
  - placement
    - bottom of the trigger guard on top of the strong cutout
    - (never allow the light to rest on the shield)

\*\*\*\*\* In either case, the weapon should be slightly canted to your strong side \*\*\*\*\*

#### 4) Combat Ready Weak

- Shield up
- Rotate the shield just enough to identify your target
- Weapon Placement is the same as Combat ready strong – however the weapon should be slightly canted to your weak side





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## 5) Combat Ready CQ Strong

- Shield up
- Weapon without light
  - placement
    - center cutout on edge of the shield
    - turn weapon horizontal, ejection port and wrist up
    - front of the trigger guard pressed into the strong CQ cutout, or
    - bottom of the trigger guard on top of the strong CQ cutout
- Weapon with a light
  - placement
    - bottom of the trigger guard on top of the strong CQ cutout  
(never allow the light to rest on the shield)

## Techniques with Rifle

### 1) Combat Ready Wraparound: N/A

### 2) Combat Ready Strong

- Shield up
- Place the fore end on the shoulder, ensuring other equipment (light laser etc.) does not interfere with the mount

### 3) Combat Ready Weak

- Shield up
- Rotate the shield just enough to see your threat and place the fore end on the shoulder  
(ensuring the equipment does not interfere with your mount)

## General Techniques

### 1) Sling your Shield

- From the ready position, release the top handle. Control your arm by having a 90 degree or greater to catch the forearm strap system at the inner part of the elbow/joint
- To stabilize the shield, simply lock it into your body

### 2) Combat Magazine Exchange -Standing

- Sling your shield
- Two handed operation on the weapon
- Bring the weapon in close to your body
- Release the magazine
- Insert a fresh magazine (finger tip to bullet tip)
- Fine motor skills
- Two handed grip
- Re-access





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## 3) Tactical Magazine Exchange

- Same as Combat Magazine Exchange except save the magazine

## 4) Mal-Function Drill

- Sling your shield
- Tap, Rack and access with both hands
- Class Three
  - Lock the slide
  - Strip the magazine
  - Cycle 2-3 times
  - Insert a fresh magazine
  - Cycle a live round in the chamber
  - Access

## 5) Reacquire

- Bump the shield (head) on deck while grabbing the handle
- Go to your perspective position to re-engage

## 6) Combat Ready Kneel

- Supported: elbow resting on one knee
- Non-Supported: Both knees on the ground
- Shield slightly canted for a comfortable shooting position
- Utilize the same shooting techniques as standing position

## 7) Weapon Manipulation from a kneeling position

- Invert the shield (turn it upside down)
- Ensure the shield is in front of you (not at the side)
- Release the top handle
- Manipulate the weapon with both hands
- While weapon is in both hands, assess your threat from the side of the shield (avoid shooting from the top of the shield unless the environment dictates otherwise)

## 8) Fight your way back up from the kneeling position

- From the inverted position, grab the top handle
- Start the rotation of the shield to the first available cut out (assess)
- Continue rotation to the second available cut out (assess)
- Stand up (assess)





Drills – All drills require assessing the situation and utilizing the appropriate techniques (wrap around, strong or weak)

### 1) CQB Drill

- Shield up from the 1 yard line
- Weapon out and in combat ready position
- Stitch the target (head to pelvic and back up to head)
  - Start at 12:00 position (head shot)
  - End at 3:00 position (pelvic shot)
- Ensure the weapon stays in a proper strong position
- Any malfunctions must be corrected immediately
  - sling the shield
  - fix the malfunction
  - finish the drill with both hands

### 2) Multiple Targets

- Shield up
- take a comfortable shooting stance facing your first threat
- Engage using appropriate technique
- Turn and face secondary threat while transferring weapon to appropriate cut out
- Continue until all threats are neutralized

### 3) Movement drill (forward, backward, right, left)

- Shield up
- knees slightly bent
- take small steps to avoid excessive movement on front sight
  - moving right or left
    - turn your body to the right/left- keeping the shield toward the threat
    - from waist up, face the threat and use appropriate shooting technique
  - move and shoot

#### -Malfunction

- moving forward or backward
  - sling the shield
  - fix the malfunction with both hands
  - assess with both hands
- moving right for a right handed shooter or moving left for a left handed shooter
  - sling the shield
  - fix the malfunction with both hands
  - assess with both hands
- moving right for a left handed shooter or moving left for a right handed shooter
  - while slinging the shield, turn around (keeping the shield between you and your threat) and continue to walk backward
  - fix the malfunction with both hands
  - assess with both hands

\*\*\* If additional threats are present, bump the shield, reacquire and continue





- 4) Transition Drill Strong hand for both rifle and secondary weapon
- Strong hand for both rifle and secondary weapon
    - Combat ready strong with rifle
    - Keeping the shield up, hang your rifle
    - Draw secondary weapon and come to an appropriate shooting position
  - If strong hand is not used for both weapon systems (example: left hand for rifle/ right hand for secondary)
    - Combat ready strong with rifle
    - Keeping the shield up, hang your rifle
    - With your rifle hand, grab the handle (palm up)
    - Release the other hand and get out of the strap system
    - Draw secondary weapon and come to an appropriate shooting position (you will not be using the forearm strap at this point)

#### Sitting/kneeling/prone techniques

- 1) Kneeling/Sitting position for extended periods of time
- Start from a combat ready kneel position
  - Invert the shield
  - Release the top handle and get out of the forearm strap system
  - Grab the top handle and flip the shield back to the 12:00 position
  - Place the rifle on the cut out
- \* An operator can effectively stay in this position and introduce lethal fire and conduct smooth, effective magazine exchanges by resting the rifle on the cutout. An operator can also stabilize the shield by placing lead foot into the forearm strap system.

#### Technique for reacquiring the shield to the standing position

- Grab the top handle (palm up)
- Invert the shield
- Get into the strap system and grab the top handle
- Fight your way back up





## 2) Prone position

- Start from a combat ready kneel position
- Invert the shield
- Release the top handle and get out of the forearm strap system
- Grab the top handle and flip the shield back to the 12:00 position
- Place the rifle on the cut out
- Grab the top handle (palm up)
- Roll into a roll over or butterfly prone position
- Allow the shield to rest on top of you
- Muzzle should be extended from the strong cut out
- Release the top handle and support the rifle by placing your hand under the rifle in front of the ejection port
- Adjust the elevation with the support hand

## Technique for reacquiring the shield to the standing position

- Grab the top handle (palm up)
- As you are getting up, invert the shield
- Get into the strap system and grab the top handle
- Fight your way back up

